

# “The Birth of Baby Jesus”...



## FROM THE GOSPEL ACCORDING TO - **MATTHEW** - :

*“[Mary] was found with child through the holy spirit...to fulfill what the Lord had said through the prophet: ‘Behold, the virgin shall be with child and bear a son, and they shall name him Emmanuel, which means ‘God is with us.’” (Matt 1:18, 22-23)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

Lord, give us the ability to incarnate your Divine Verb, to the point that we hear resounding within us, *“And the Verb became flesh!”*: that is, *“And the Word of God has been put into practice in our life, to the point that we have become a little or great ‘Living Eucharist!’”* (cf. SLC, p. 123)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to incarnating the Word of God in ourselves ever more fully, St. Justin Russolillo says: *“Let me be, as I ought to be and as I want to be, another reproduction – like another incarnation and personification – of you, o Divine Law living in Jesus Christ!”*  
(GIUSTINO RUSSOLILLO, *Spiritus Orationis*, IV, 4, unpublished translation by pfs gm)

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

( for a personal contribution to give to those who listen ) :

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...